

Monitoring returns on Wellbeing projects

Project: Roundhay Junior Park Run**Lead organisation: Park Run UK****Wellbeing Funding: £1,500**

The Area Committee funded the establishment of a Junior Park Run at Roundhay Park, to take place every week and staffed entirely by volunteers. The Area Committee funding paid for start-up costs and the event is now self-sustaining for the foreseeable future.

It has now been running for around 6 months and has a well visited website <http://www.parkrun.org.uk/roundhay-juniors/> where information on the latest event is updated weekly and there are a number of photographs. There are an average of 64 runners taking part per week and 179 runners registered in total.

Project: New World Steel pan Orchestra**Lead organisation: New World Steel pan Orchestra****Wellbeing Funding: £2,000**

The Area Committee committed funding towards the continuation of the Steel Pan Orchestra in Chapeltown, as well as teaching young people how to play the steel pans, the orchestra helps to teach young people about their history and culture, it teaches them discipline and gives them a sense of pride in being able to accomplish something different.

23 young people are regularly attending the sessions and they have taken part in a number of performances over the summer period, including the Area Committee's volunteer Thank You event and the Leeds Peace poetry at the University of Leeds and they held a Christmas Concert in December.

Young people were asked to fill in evaluations of how the Orchestra has impacted their lives, below are a sample of these comments:

"I am more confident, can concentrate, it improves my memory" and

"I never thought of myself as gifted before, It has sparked my passion for music and I am now studying at the Leeds College of Music as a result."